

Poké-POWER Flame Dash

Once during your turn, when you play Arcanine from your hand to evolve I of your Benched Pokémon, you may switch Arcanine with I of your Active Pokémon. If you do, you may move any number of Energy cards attached to that Pokémon to Arcanine.

Arcanine does 40 damage to itself

Its proud and regal appearance has captured the hearts of people since long ago.

